Black Canyon Gymnastics Parent Handbook

Policies

- **§** There is an annual registration fee of \$25. Siblings will receive a 10% discount on registration and classes.
- § Fees are based on a 4-week session.
- **§** Fees are due on the first class of each session. There will be a \$5 late fee if fees are not paid on the first week of the session.
- **§** If fees are not paid by the second week of the session your child (children) will not be allowed to participate.
- **§** There is a \$10 test fee for all test done outside of class
- § Discounts do not apply to team members
- **§** There will be no refunds or make-ups.
- **§** There will be a \$25 charge on all returned checks
- **§** Once enrolled, it is assumed that you will continue from session to session. To drop a class- call before the start of a 4-week session. If you drop in the middle of a 4-week session, you will still be liable for a payment.
- **§** We reserve the right to cancel, reschedule, or combine classes if minimum enrollment counts are not met.

Frequently Asked Questions:

Do I need to stay at the gym while my student is in class?

No, unless your student is signed up for a Monkey and Me class or you are bringing them to bouncing buddies. You of course are always welcome to stay and watch if you choose. There is seating on the lower level, as well as an open balcony upstairs.

What should my child wear to class?

Girls – a leotard is preferred but they can also wear shorts and a t-shirt. No tights or socks, gymnasts must go barefoot in gym or wear gymnastics shoes.

Boys - shorts or sweats and a t-shirt. No socks, gymnast must go barefoot in gym.

When do Class times change?

We change class schedules for the fall and the summer. New classes and times start in June and August. Please check the class schedule and remember to register for a new class time. These are the only months that we don't assume you will continue. These classes are filled on a first come first serve basis. Classes fill extremely fast for the Fall session. To avoid being put on a wait list call early.

How does my gymnast move up levels?

Gymnasts are skill tested every 7 weeks. Each child starts with a level 1 progress report when they pass the bronze, silver and gold sections they move on to the next levels. When gymnast are completing their Level 3 skill sheet they may be considered for team or higher level class.

What is fun week?

Fun week is the week after progress reports. This a week of conditioning games, and new skills that we normally don't train during the regular class. We do this fun week to give the kids a day off after their progress report and reenergize them for training.

What is Open Gym and who can come?

We offer open gym for kids ages 5-18. Open gym is a time when your gymnast can come in and work on any skill or bring a friend and just have some fun. Please check the class schedule for days and times of open gyms. All participants must bring in a signed waiver.

What is Bouncing Buddies and who can come?

Bouncing Buddies is a special open gym time for our tiny tumblers. This is a great play and socialization time for kids 18months to 5 years old. Parents are required to stay on the floor and be in charge of their child. Staff members are on duty to help assist you with the rules and answer any questions. This is open gym, no instruction is provided. Please no siblings or friends over 5. All participating children and accompanying adult must have a signed waiver.

When should I consider Private Lessons, how much are they, and how do I schedule one?

If your gymnast needs more confidence or is struggling with a skill that they really want to achieve, private lessons are available. To schedule a private lesson, call the gym and request a coach. The coach will be given your phone number and make contact with you to schedule a time. You will pay your coach directly. Private lessons run between \$20-\$40.

Can I schedule a Birthday Party at Black Canyon Gymnastics?

We offer an out of this world birthday party! Parties may be scheduled on Fridays and Saturdays. Parties are an hour and a half long. One hour of gym time and a half hour for any food or drink you wish to provide.

Will my child have an opportunity to compete in a meet?

Yes. Typically in May we offer a Tot show for all Little Swingers and Jump Start students. Around that same time we offer Fun Meets for Rizing Starz, Beginner and Intermediate Boys, and girls Level 1-3.

What is a Fun Meet?

All of our Rizing Starz, Beginner and Intermediate Boys, and girls Level 1-3 will have the opportunity to do three meets. The meets are here at BCG, Grand Junction, and in Delta. The meets are typically in May and have of entry fee of around \$25. Gymnasts will learn routines and perform these routines to earn a ribbon. These meets are low pressure and the coaches can assist the gymnasts with memorization and skills. This is a great way for your gymnasts to start to build confidence and independence.

What is the Tots Show?

All of our Little Swingers will have a performance in May. They work hard all year listening and following directions to put on this special show for you. The Tots Show is a themed night with parent participation and lots of special awards. This night is sure to be the highlight of your year.

Is there an admission fee to watch Fun Meets and the Tots Show?

Yes. This is one of the ways clubs raise money to buy new equipment for use during classes. The fee usually is \$2 per person.

What and when is Picture Week?

During the spring there is one week when we bring in a photographer to take class and individual pictures. Pictures are taken during class there are no retakes or additional photo shoots.

Does the gym close during Holidays and am I charged for those days?

If we are closed for a holiday it either is not included in our session dates or your fee is pro-rated for the missed day/s. You are not charged for a class if the gym is closed.

What if I am sick or miss a class day?

There are no make ups or refunds for days that you miss due to illness or vacations.

What is Jump Start?

Jump Start is a three hour gymnastics based learning program that exists under the USAG guidelines. It provides your child the opportunity to do gymnastics while learning socially, and intellectually in preparation for kindergarten readiness.

How often to I have to pay a registration Fee?

The registration fee is an annual fee. You will be charged the \$25 only once every 12 months. If your child stops gym and then restarts, you will not be billed another registration fee until 12 months have passed from when you last paid a registration fee. If your child remains enrolled in class for over a year, you will be billed a registration fee again the same month you initially paid it.